FOR IMMEDIATE RELEASE

COVID-19 Case Update for June 4, 2020

Three new cases confirmed

NEWPORT, Ore. – Lincoln County Public Health announced three more confirmed COVID-19 cases today. This brings the current case count to 23 confirmed and 2 presumptive for a total of 25 cases. Due to state website updating procedures, the OHA website may not match our local case reporting and could show fewer cases.

- Person in their 20s, not hospitalized and was a close contact of a confirmed case.
- Person in their 40s, not hospitalized and was a close contact of a confirmed case.
- Person is 0-9, not hospitalized and was a close contact of a confirmed case.

Public Health strongly encourages the public to follow the current OHA guidelines:

- Stay home if you are sick.
• To avoid exposure to COVID-19, people who are at risk for severe complications (over age 60 or have underlying medical conditions) should stay home even if you feel well.

• If you become symptomatic (cough, fever, shortness of breath) while in public, please return home and self-isolate immediately. Contact your health care provider if you need medical attention.

• Practice good hand hygiene with frequent handwashing for at least 20 seconds or use hand sanitizer (60-95% alcohol content).

• Cover coughs/sneezes with elbow or tissue. If you use a tissue, immediately discard tissue in garbage and wash your hands.

• Avoid touching your face.

• Practice physical distancing of at least six (6) feet between you and people who you do not live with.

• Use cloth, paper or disposable face coverings in public. As Oregon is reopening and restrictions are being lifted on businesses and public spaces, it may be difficult to ensure that you can stay six (6) feet away from others at all times. Please review [Mask and Face Covering Guidance for Business, Transit and the Public].

• Stay close to home. Avoid overnight trips and minimize other non-essential travel, including recreational day trips to destinations outside the community where you live. Travel the minimum distance needed to obtain essential services; in rural areas, residents may have to travel greater distances for essential services, while in urban areas, residents may only need to travel a few miles for those services.

You can find more local information at [www.co.lincoln.or.us/covid](http://www.co.lincoln.or.us/covid)

Stay informed

• **Regional response**: Lincoln County updates its site with COVID-19 news and guidance.

• **Oregon response**: The Oregon Health Authority leads the state response.
• **United States response**: The Centers for Disease Control and Prevention leads the U.S. response.
• **Global Response**: The World Health Organization guides the global response.

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