

# Turn healthy habits into rewards

## BeyondWell™

BeyondWell makes wellness simple by bringing all your health activities, goals, and rewards together in one personalized platform designed just for you.

Earn up to  
**\$150**

in e-gift card rewards

## Get started today

### Regence members

1. **Log into** your CIS Health Manager at [regence.com](https://regence.com)
2. Scroll down to the programs listed and **select** BeyondWell
3. **Register** your account with your BeyondWell Invitation code (**CIS**) and accept the Terms of Use

### Kaiser and Surest members

1. **Visit** [www.beyondwellhealth.com](https://www.beyondwellhealth.com)
2. Select **Log In** from the top right-hand corner
3. **Register** your account with your BeyondWell Invitation code (**CIS**) and accept the Terms of Use



Take your well-being journey with you anywhere, anytime! Download and log into the BeyondWell app once you've created your account and earn \$5!

Invest in your health, earn rewards at 60+ retailers and restaurants!

### Activities with rewards in 2026:

- Connect a device or app
- Verified steps through device
- Personal challenges
- Self-guided programs
- Dental exams
- EAP and BeyondWell Webinars
- Flu shot/ Covid-19 vaccine
- Health assessment
- Preventive Wellness Exam & cancer screenings<sup>1</sup>
- Vision exams<sup>1</sup>
- Create a Regence.com, KP.org, or Surest.com account
- Cancer Screenings<sup>2</sup>

BeyondWell™



<sup>1</sup> Regence and Surest members only

<sup>2</sup> Kaiser members only