

# WHOOPING COUGH (PERTUSSIS)



Public Health  
Prevent. Promote. Protect.

Lincoln County

A CONTAGIOUS RESPIRATORY DISEASE CAUSED BY BACTERIA

## WHOOPING COUGH CAN BE DANGEROUS

ESPECIALLY FOR NEWBORNS AND BABIES

Pertussis can occur at any age, but infants and young children are at the highest risk of life-threatening consequences.

## WHOOPING COUGH IS HIGHLY CONTAGIOUS

HERE'S HOW IT'S SPREAD...



**COUGHING  
& SNEEZING**

**TOUCHING A  
TISSUE OR  
SHARING A CUP**



**SHARED  
BREATHING  
SPACE**

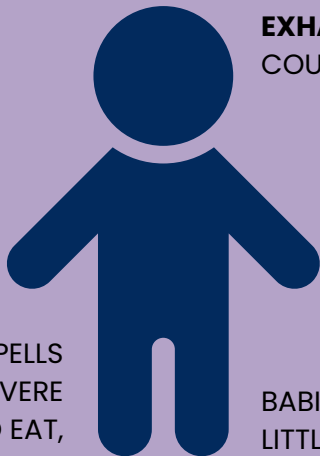
## SYMPTOMS OF WHOOPING COUGH

**MILD FEVER**

**VOMITING DURING  
OR AFTER  
COUGHING FITS**

**DIFFICULTY  
CATCHING  
BREATH**

COUGHING SPELLS  
MAY BE SO SEVERE  
THAT IT'S HARD TO EAT,  
DRINK, OR BREATHE



**EXHAUSTION AFTER  
COUGHING FITS**

**RUNNY NOSE/  
SNEEZING**

COUGHING FITS  
FOLLOWED BY A  
HIGH-PITCHED  
"WHOOP"

BABIES MAY HAVE  
LITTLE OR NO COUGH

## PROTECT YOUR CHILD

THE BEST WAY TO PROTECT YOU AND YOUR CHILD FROM SEVERE ILLNESS RELATED TO PERTUSSIS IS BY BEING UP TO DATE ON YOUR VACCINATION.

If your young child hasn't had the DTaP vaccines or your teenager hasn't had the Tdap vaccine, please talk to your doctor. If you don't have a doctor, contact public health and we will assist you. It is also important to:

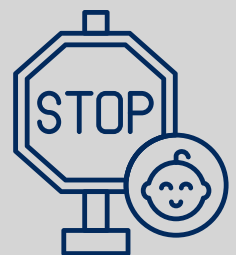
**COVER  
YOUR  
COUGH**



**WASH YOUR  
HANDS  
OFTEN**



**KEEP BABIES  
AWAY FROM  
ANYONE WHO  
IS COUGHING**



CONTACT LINCOLN COUNTY PUBLIC HEALTH WITH QUESTIONS OR FOR MORE INFORMATION:

541-265-4112 | [WWW.CO.LINCOLN.OR.US/642](http://WWW.CO.LINCOLN.OR.US/642)