



Lincoln County Wildfire Readiness

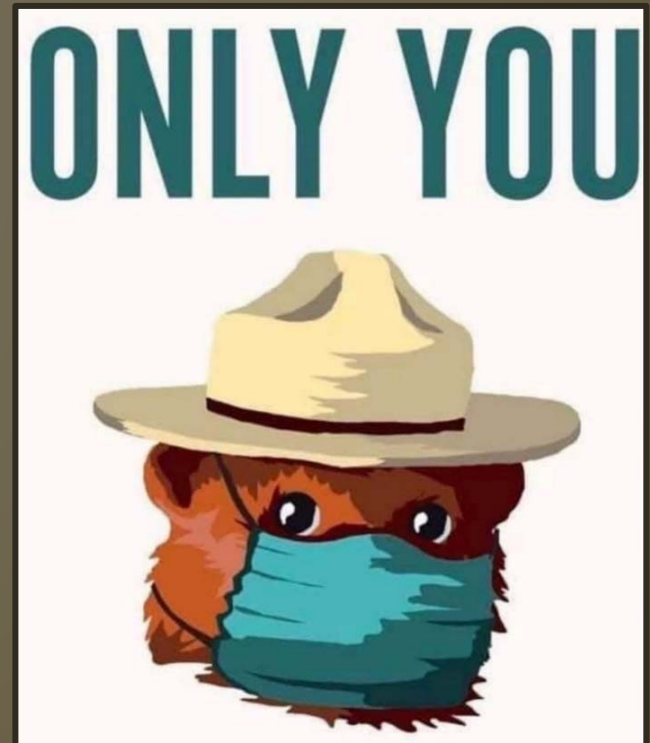


Module 6: Access and Functional
Needs Persons Preparedness

2021 – Lincoln County Public Safety Agencies have separated our wildfire readiness presentation into 6 separate modules. Virtual presentations will be conducted and recorded May – June and will be posted to the County wildfire readiness website for viewing at any time.

The following slides are intended to be used as a self learning guide. The slides have links to additional local, state, federal resource information.

If you have questions, feel free to reach out to any of the agencies represented in this presentation.



Lincoln County 2021 Public Service Announcement



[Click Here
to View](#)

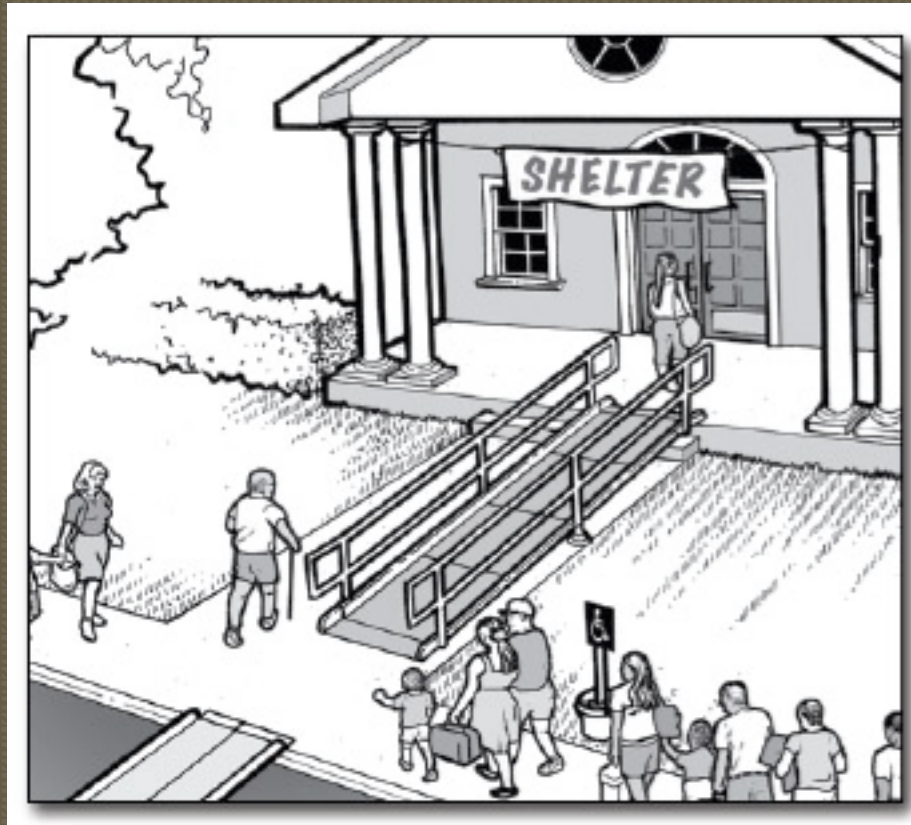


- Lincoln County Fire Defense Board:
 - Chief Robert Murphy, Newport Fire
 - Chief Rob Dahlman, North Lincoln Fire
- Lincoln County Sheriff's Office:
 - Sheriff Curtis Landers

Module 6:

Access and Functional Needs

Persons Preparedness



Section Overview

- A. Administrative Brief and Sponsors
- B. Why Prepare
- C. Be Informed
- D. Establish an Emergency Support System
- E. Develop a Plan
- F. Build or Update your Emergency Contacts and Information
- G. Tips for Specific Disabilities
- H. Build or Update your Emergency Kits
- I. How to Evacuate
- J. Additional Resources
- K. Questions

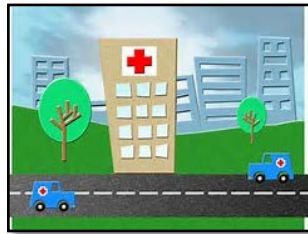
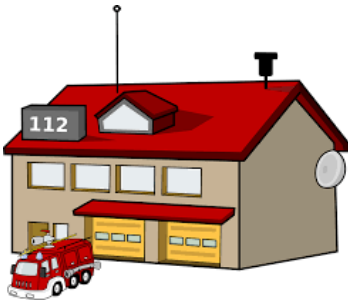


Section A: Administrative Brief and Sponsors



Wildfire Advocates

Local government, public safety, utilities, healthcare providers and volunteer groups have an advocacy role to ensure their agencies and our communities are prepared for, know how to respond to and recover from wildfire events.



Community Presentation Sponsors



Public Health
Prevent. Promote. Protect.
Lincoln County



**American
Red Cross**

Our objective!

Strengthening your knowledge of our local wildfire risk and your role in preparedness, response and recovery.



Section B:

Why Prepare

A Growing Population in Oregon



- Per the U.S. Census Bureau's Population Estimates Program (PEP), Oregon was estimated to have a total population of 4,217,737 people as of July 2019.
- **18.2%** of Oregonians are aged **65 & older**, while 20.5% are under the age of 18.
- **9.9%** of Oregonians are **65 or younger and have at least 1 disability**, as defined on the American Community Survey, conducted annually by the U.S. Census Bureau.

Types of Disability

- Disabilities manifest themselves in varying degrees, and the functional implications of the variations are important for emergency evacuation.
- One person may have multiple disabilities, while another may have a disability whose **symptoms fluctuate**. Everyone needs to have a plan to be able to evacuate a building, regardless of their physical condition.
- The National Fire Protection Association (NFPA), under the guidance of their Disability Access Review and Advisory Committee (DARAC's), has **categorized disabilities into 5 broad areas**:
 - Mobility
 - Vision
 - Hearing
 - Speech
 - Cognitive

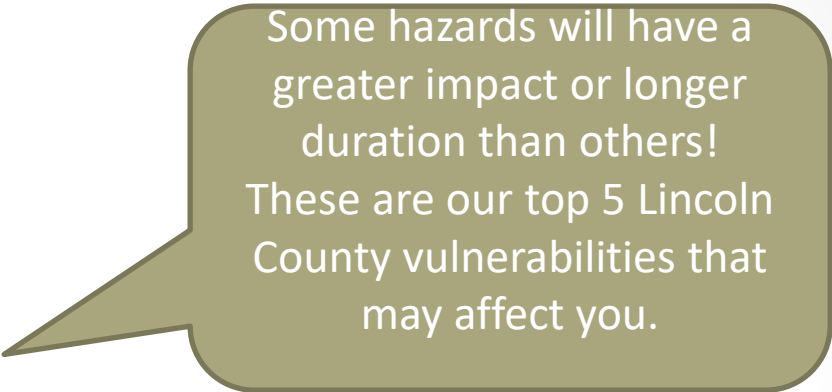


Section C: Be Informed



Know Your Community Vulnerabilities

- Flooding Evacuations
- Power Outages
- Wildfire Evacuations
- Tsunami Evacuations
- Earthquakes – Shelter in Place



Some hazards will have a greater impact or longer duration than others!
These are our top 5 Lincoln County vulnerabilities that may affect you.

Get To Know Your Community

Neighbors, friends, and co-workers make
70% of rescues in major disasters.



**Building and Strengthening Disaster
Readiness Among Neighbors**

Remember...
Immediately following
disasters, follow the
9 Steps described in
this booklet.



Map Your Neighborhood - MYN
With thanks to Washington State Emergency Management, Public Education



Check these
houses first:
"No Card"
and "Help"

Check these
houses later
to make
sure they
are fine.

OK

Alerts and Warnings

- Lincoln Alerts:

- Landline & mobile numbers (residential/business)
- Opt in profiles (landline, mobile, text, email)
- Keywords (text messages for community information)
- Social Media (Sheriff Twitter and Facebook)
- WEA-Wireless Emergency Alerts (mobile text for large geographical area)

- Emergency Alert System (EAS)

- Local Public Radio Broadcaster Messages

- Flash Alert

- Media Releases

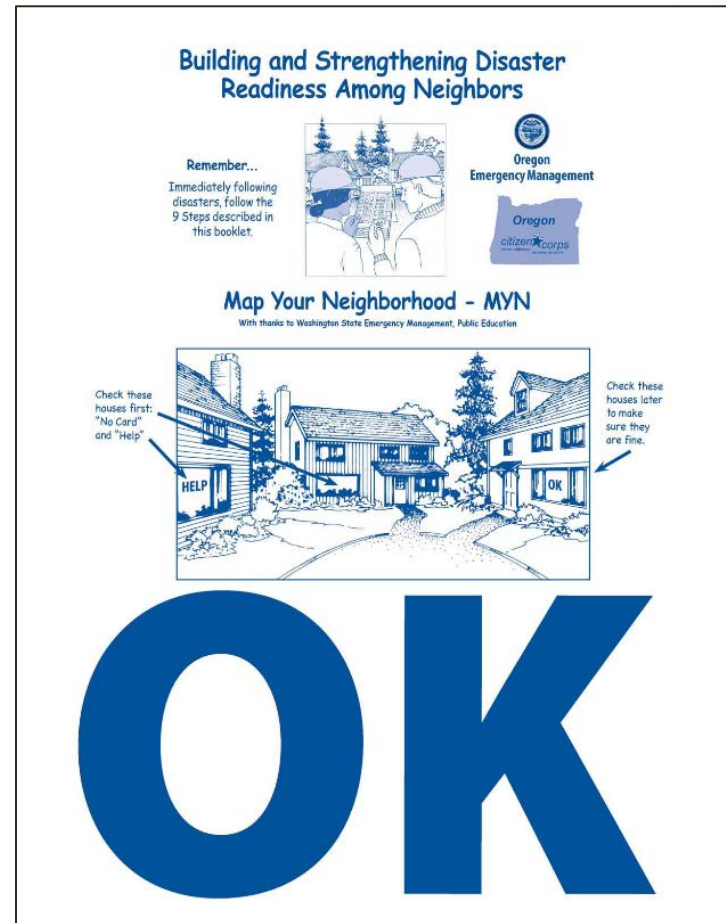
- NOAA Weather Alert Radios

- Weather Alerts and Fire Weather/Red Flag Warnings

*****All services are utility dependent (power-internet)***

Who's Local?

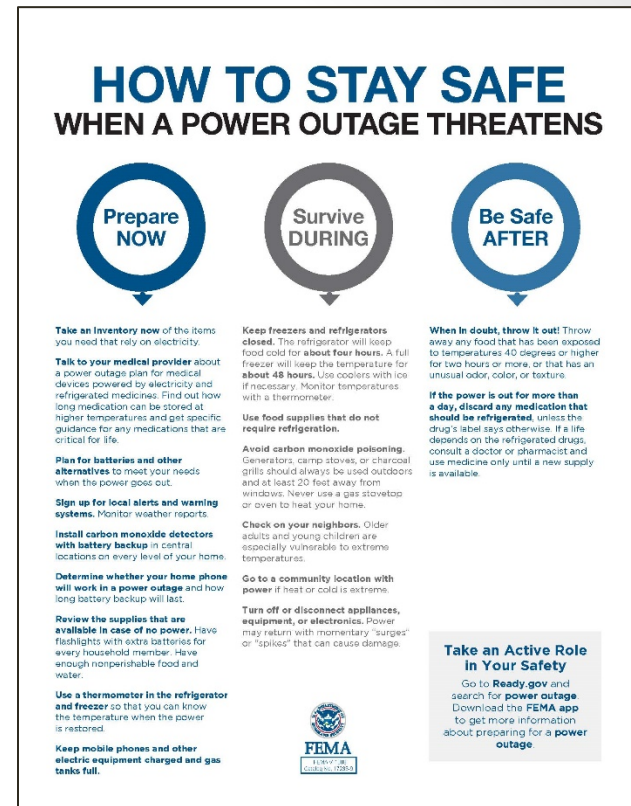
- Map Your Neighborhood
- Participate in Volunteer Groups
 - CERT, MRC, ACS, Red Cross, Etc.
- Faith-based Groups
- Public Safety Groups
- Tribal Community
- Emergency Management (City/County)



What's New?

Public Safety Power Shutoff's:

- A Public Safety Power Shutoff, also called a PSPS, may occur in response to severe fire weather conditions.
- Utility providers may shut off power to help prevent wildfire situations.
- Multiple factors are at play when deciding to shut off power to communities – the priority is community safety.
- There may be some warning or no notice when power is shut off in response to wildfire risk conditions.
- Be prepared for as little as 6 hours to 4 days of continued or sporadic power outages based on weather conditions.

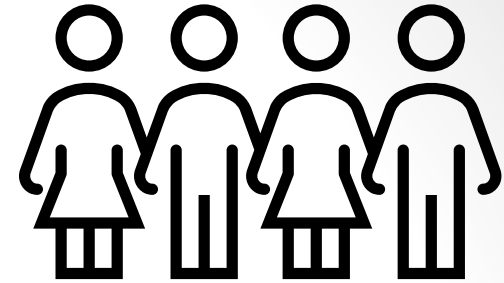


Section D:

Establish an Emergency Support System



It Takes A Village...



- A common misunderstanding is that first responders such as police officers, firefighters, and paramedics will be able to provide **non-lifesaving** support during a crisis.
- The reality is that friends, coworkers, and neighbors most often are the first people on the scene to help.
- Who can **you identify** and **work with today** to be ready **to assist you** when an emergency happens?

Develop a Caregiver Emergency Support Group

- Try to pick **at least 3** people
- Think about **proximity**
- Include in all aspects of planning
- High level of **commitment/trust**
- Know the **details**



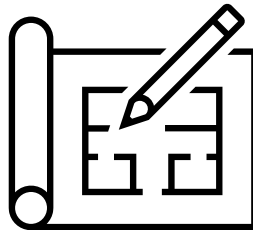
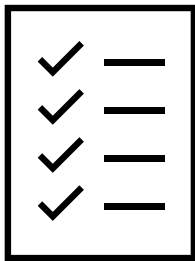
Section E:

Develop a plan

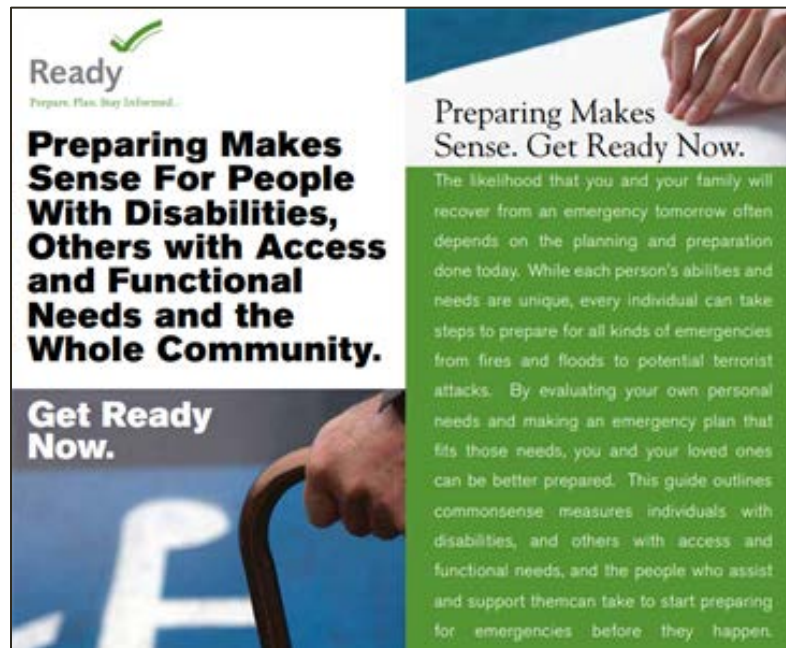


Choose a Guide

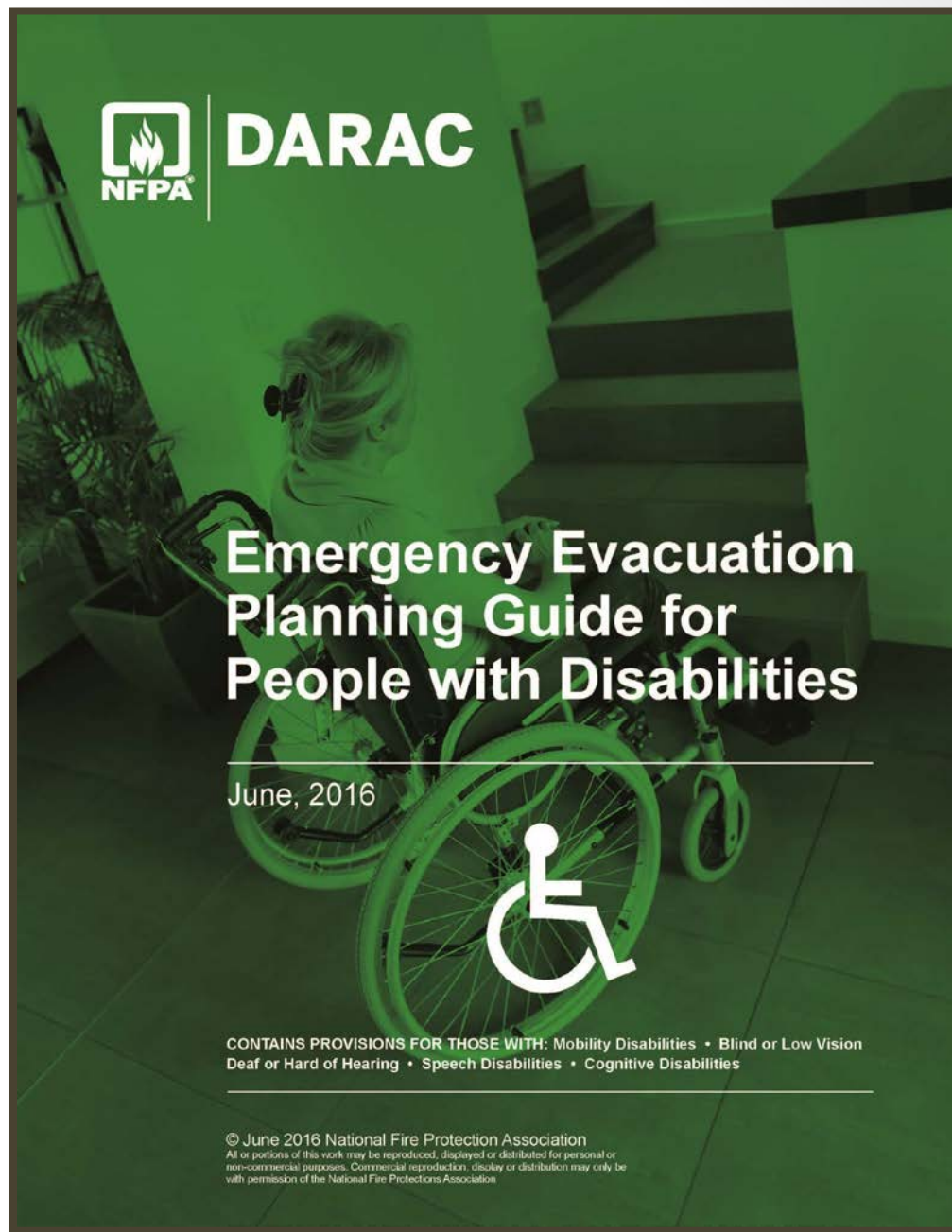
- There are **many options for planning guides**...find the one that is **right for you**, your family or your home environment.
- The next few slides will **outline resources** and **example frameworks** for your plan.



- General Preparedness Items – Specific to Individuals with Disabilities
 - Emergency Communication Plan (PDF)
 - We Prepare Everyday (Video with open captions and ASL)
 - We Prepare Everyday (Video with open captions, ASL and audio description)
 - Be Informed (Video)
 - Make A Plan (Video)
 - Build A Kit (Video)



DARAC – Evacuation Planning Guide



DARAC

Emergency Evacuation Planning Guide for People with Disabilities

June, 2016



**CONTAINS PROVISIONS FOR THOSE WITH: Mobility Disabilities • Blind or Low Vision
Deaf or Hard of Hearing • Speech Disabilities • Cognitive Disabilities**

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DARAC Evac Guide

- Comprehensive guide
- Valuable for households with multiple residents with access and functional needs

TABLE OF CONTENTS

Summary.....	3
Preface.....	5
Chapter 1 General Information	8
Chapter 2 Building an Evacuation Plan for People with Mobility Impairments	16
Chapter 3 Building an Evacuation Plan for People with Visual Impairments	24
Chapter 4 Building an Evacuation Plan for People with Hearing Impairments	30
Chapter 5 Building an Evacuation Plan for People with Speech Impairments	33
Chapter 6 Building an Evacuation Plan for People with Cognitive Impairments	35
Personal Emergency Evacuation Planning Checklist.....	39
Annex A The ADA: A Beginning.....	49
Annex B Government Resources.....	52
Annex C Excerpts from DOJ's ADA standards (2010) became mandatory on March 15, 2012.	57
Annex D Selected Examples of the Scope of the ADA.....	66

Red Cross Resources

- Practical guide – pre, during and post disaster
- Also available in Spanish
- No two people are the same. This guide will help you assess your abilities and potential conditions you may need to consider in the event of a disaster.
- You'll also be provided with the key actions and steps to take before, during and after a disaster or emergency

Disaster and Emergency Preparedness for Older Adults

A Practical Guide to Help Plan, Respond and Recover



Be Red Cross Ready

Prepare so you can protect.



**American
Red Cross**

Personal Emergency Plan (AFN)

California Health & Human Services Agency

Personal Emergency Plan

For People with Access and Functional Needs

Emergency Contacts

Health Providers

Medication Information

Medical Devices

Go-bag Checklist

Sheltering Checklist

Next Steps

Emergencies, including power shutoffs, can interrupt your normal routine and support systems. Planning ahead could increase the odds that your access and functional needs are met if you evacuate quickly or shelter in place. Taking responsibility by creating a disaster plan and to-go bag is the first step in maintaining your health and independence. All your information should be current and because it is personal keep it in a safe but handy place in your home.

Identify your capabilities now and what assistance you may need after a disaster by filling out this information sheet. Think in terms of everyday necessities but also your unique needs, which may include medications, assistive devices, service animals and support services. Skip those that do not pertain to you.

Personal Information

Name: _____ Date of Birth: ____/____/____
First Last Middle

Address: _____
Street City State Zip

Phone: _____ Mobile: _____ Social Network Contact: _____

Emergency Contacts

1) Someone who does not live with you

Name: _____ Phone: _____
First Last Middle

2) Someone from out-of-state

Name: _____ Phone: _____
First Last Middle

Health Providers

1) Agency/Personal Care

Name: _____ Phone: _____

2) Evacuation/Transportation Support

Name: _____ Phone: _____

Agencia de Salud y Servicios Humanos de California
Plan de emergencia personal
para personas con acceso y necesidades funcionales

Las emergencias, incluidos los cortes de energía, pueden interrumpir su rutina normal y sus sistemas de soporte. Planear con anticipación podría aumentar las probabilidades de que se cumplan sus necesidades funcionales y de acceso si evacua rápidamente o se refugia en el lugar. Asumir la responsabilidad creando un plan para desastres y una bolsa para llevar es el primer paso para mantener su salud e independencia. Toda su información debe estar actualizada y, dado que es personal, guárdela en un lugar seguro pero práctico en su hogar.

Identifique sus capacidades ahora y qué asistencia puede necesitar después de un desastre completando esta hoja de información. Piense en términos de las necesidades diarias, pero también de sus necesidades únicas, que pueden incluir medicamentos, dispositivos de asistencia, animales de servicio y servicios de apoyo. Omítalos que no le pertenecen.

Información Personal

Nombre: _____ Fecha de nacimiento: ____/____/____
Nombre Apellido Segundo nombre

Dirección: _____
Calle Ciudad Estado Zip

Teléfono: _____ Cell: _____ Contacto de redes sociales: _____

Contactos de emergencia

Alguien que no vive con usted

Nombre: _____ Teléfono: _____
Nombre Apellido Segundo nombre

1) Alguien que vive fuera de su estado

Nombre: _____ Teléfono: _____
Nombre Apellido Segundo nombre

Proveedores de salud

1) Agencia / Cuidado personal

Nombre: _____ Teléfono: _____

2) Apoyo de evacuación / transporte

Nombre: _____ Teléfono: _____

3) Médico primario

Nombre: _____ Teléfono: _____

4) Farmacia

Personal Emergency Plan (AFN)

- Planning for People with Access and Functional Needs
- Having a plan is important for any emergency. View the [Personal Emergency Plan](#).
- Also [available in Spanish](#).
- Emergency Supply Kit Guide - click [here](#).

Personal Emergency Plan

Dispositivos médicos

1) Proveedor de dispositivos médicos / tecnología de asistencia
Nombre: _____ Teléfono: _____

2) ¿Se necesitan baterías de respaldo / electricidad?
☐ Sí
☐ No

3) ¿Tiene poca o ninguna audición?
☐ Sí
☐ No

Si respondió que sí, marque todo lo que corresponda:
☐ Utilizo un aparato del oído
☐ Utilizo lenguaje de señas
☐ Utilizo Fotos
☐ Puedo Leer

4) ¿Tiene visión baja o nula?
☐ Sí
☐ No

Si respondió que sí, marque todo lo que corresponda:
☐ Yo uso braille para leer
☐ Utilizo lentes
☐ Utilizo lentes de contacto

5) ¿Tiene un animal de servicio que debe evacuar con usted?
☐ Sí
☐ No

Si respondió que sí, el nombre del animal de servicio es _____
Nombre del veterinario: _____ Teléfono: _____

6) Necesito ayuda con:

7) Para ayudar a calmarme durante una emergencia:

8) Precauciones de seguridad:

3

What to Consider

- **Communication Plan**
- **How to access your home**
- **Where emergency supplies are located**
- **Emergency contacts/medical information**
- **Evacuation plans, meeting locations, transportation providers**
- **Caregiver personal/family plans**

CREATE YOUR FAMILY
EMERGENCY
COMMUNICATION PLAN



FEMA

Conduct a Self Assessment

- Anticipate the individual's **lowest level of functioning**
- Identify **abilities**
- Identify areas where **further planning needs** to occur
- Include others for **wider perspective**
- What would this **look like in an emergency**
- What **resources are needed?**

For Persons with Dementia and
other Access and Functional Needs

- Preparedness planning needs to be **very specific and individualized**
- It may require **extra levels of planning and time**

Other Planning Consideration

- Keep a contact list of your support network in a watertight container in your emergency kit
- **Be ready to explain** to first responders that you need to evacuate and choose to go to a shelter with your family, service animal, caregiver, personal assistant, as well as your assistive technology devices & supplies.
- Plan for accessible transportation, to include how to travel to transportation on short notice
- Inform your Support Team where you keep your emergency supplies; you may want to consider giving someone a key to your house or apartment.

Other Planning Considerations

- Medication and Medical Equipment Considerations – More on this later!
- Evacuations:
 - Level 1 or 2 – if you need assistance to evacuate contact the [Lincoln County Call Center](https://www.lincolncountyidaho.gov/call-center), 541-265-0621 to request assistance
 - Level 3 – If you need immediate life safety assistance, call 911

Module 4: Emergency Notifications and Evacuations



Review our readiness video
on Emergency Notifications
and Evacuations

Section F:

Build or Update your Emergency Contacts and Information



Develop Your Emergency Lists

- Items to Include:
 - Neighbor Contact List
 - Emergency Information List
 - Current Medical Information List
 - Medical History
 - Recent photo of family members and pets
- Once Completed:
 - **Update** regularly
 - **Share** with entire family & support group
 - Post materials in a **visible location**





NEIGHBOR CONTACT LIST

CONTACT LIST – Updated ____/____/____					
Person	Address	Phone Numbers			Email
		Home	Cell	Work	
1.					
2.					
3.					
4.					
5.					
6.					
7.					

Date Last Updated: ____ / ____ / ____

Emergency Information List

Name:	Birth date:
Social Security Number:	
Address:	
Home Phone Number:	Cell Phone Number:
Local emergency contact person:	Emergency contact person's numbers:
	Home:
	Cell:
	Work:
Support Group Members:	Support Group Member's contact numbers:
1.	Home: Cell: Work:
2.	Home: Cell: Work:
3.	Home: Cell: Work:
4.	Home: Cell: Work:

Date Last Updated: ____ / ____ / ____

Out-of-town contact:	Out-of-town contact's numbers:
Out-of-town contact name:	Home:
	Cell:
	Work:
How best to communicate with me:	
Other Information:	

Name: _____ Date Last Updated: ____/____/____

Medical Information List

Primary Physician:	Telephone:
Address:	
Specialist:	Telephone
Address:	
Specialist:	Telephone:
Address:	
Hospital affiliation:	
Type of Health Insurance:	Policy Number:
Blood Type:	Allergies and sensitivities:
Medications and dosage being taken:	
1.	Dosage:
2.	Dosage:
3.	Dosage:
4.	Dosage:
5.	Dosage:

Name: _____ Date Last Updated: ____/____/____

Specific Medical Conditions:

Physical Limitations:

Adaptive Equipment and vendors' phones:

Communication difficulties:

Cognitive difficulties:

Mental Health condition:

Other:

Emergency Information Form for Children With Special Needs



American College of
Emergency Physicians®

American Academy
of Pediatrics



Date form completed 1/1/97
By Whom J. Heart, MD

Revised 5/15/98 Initials JH
Revised Initials

Name: Blue, Little B.

Birth date: 7/4/96

Nickname: LB

Home Address: 1313 Mockingbird Lane, Anytown, USA, 11111

Home/Work Phone: 900-555-1212 (home) 777-8899 (work)

Parent/Guardian: Sandra Blue, mother

Emergency Contact Names & Relationship: Beatrice Blue,
grandmother

Signature/Consent*: *Sandra Blue*

Primary Language: English

Phone Number(s): 900-444-5566

Physicians:

Primary care physician: Marcus Welby, MD

Emergency Phone: 1-800-KIDS-RUS

Fax: 000-000-0000

Current Specialty physician: P. Card. Jime Heart, MD
Specialty:

Emergency Phone: 000-000-0000

Fax: 000-000-0000

Current Specialty physician: P. Neuro. Joe Neuro, MD
Specialty:

Emergency Phone: 000-000-0000

Fax: 000-000-0000

Anticipated Primary ED: Smallville Hospital

Pharmacy:

Anticipated Tertiary Care Center: Childrens All Star Regional Med Center

Diagnoses/Past Procedures/Physical Exam:

1. tetralogy of Fallot with pulmonary atresia; RV to PA
conduit 2/97 VSD left, ductus and collaterals ligated

Baseline physical findings: gr III harsh murmur, few crackles
at base of left lung, liver down 5 cm.

2. Asplenia syndrome

3. thrombosed bilat femoral, iliac veins and inferior
vena cava

Baseline vital signs: P 90 BP 100/50 R 24, O₂ Sat 85%

Weight: 12 kg Date: 5/15/98

4. Seizure disorder: generalized tonic-clonic

Synopsis: Asymptomatic, mildly cyanotic nb. Asplenia

syndrome noted. Surgery of RV to PA conduit at

8 mos. of age. Post-op seizures-mild R CVA, hemiparesis

resolved.

Baseline neurological status: Awake, age appropriate,

interactive. Mild increased tone L>R. EEG 5/97: mild

assymetry with right-sided slowing

Emergency Identification

Emergency ID Card

Name: _____
Phone: _____
Home Address: _____
DOB: _____ Blood Type: _____
Police: Call 9-1-1 or _____
Fire Dept.: Call 9-1-1 or _____
Ambulance: Call 9-1-1 or _____
Poison Control Center: (800) 222-1222
Health Care Provider: _____



Section G:

Tips for Specific Disabilities



Using Assistive Mobility Equipment

- Backup of equipment
- Practice independent transfers
- Strength of support staff
- Do others know how to operate equipment or how to assemble



Blind or Low Vision

- Practice various exits, way finding methods and alternative alert methods
- Extra glasses, canes, other aids



Hearing Impairments/Limitations

- Keep extra batteries for hearing aids with emergency supplies
- Alternative alert methods
- Communication plan



Communication Disabilities

- Store paper, writing materials,
- Copies of a word or letter board
- Preprinted key phrases:
 - “I cannot speak, but I do hear & understand. I use a communication device. I can point to simple pictures or key word. Please use short direct statements”



Emergency Communication 4 ALL Picture Communication Aid

FREE SPACE (for your custom message)

I can't speak but I can hear
and understand you.

My technology needs
to be charged.

My vital information is on
the back on this page.

Please contact
my family.

Ask me questions if you need to,
but please wait patiently for my replies.

I will point to where I hurt. →



The Picture Communication Symbols
© 1981-2009 DynaVox Mayer-Johnson
LLC. Used with permission. All rights
reserved worldwide.

Cognitive/Intellectual Disabilities

- Practice leaving places where individual spends time
- Practice communication
- Make it part of the routine
- Comfort items



Section H:

Build or Update your Emergency Kits



Preparedness From Where You Are

- Your needs may differ greatly if an emergency happens while you are asleep...
- ...or if it happens while you are awake at home.
- Sometimes, an emergency may occur while traveling.
- It may be worth carrying a simple kit with you throughout the day.
- If you need to evacuate your home, what would you need if you can't return quickly?

Emergency Kits

- Everyone you care for should have personalized and specific supplies based on functional and access need
- Store them where they are easily accessible



National Network

Information, Guidance and Training on the
Americans with Disabilities Act

Call us toll-free
1-800-949-4232 V/TTY
Find your regional center at
www.adata.org

For the most current and accessible version, please visit
<http://adainfo.us/ADASupplyKit>

Emergency Supply Kits

Emergencies can occur when you are at home, at work, on vacation, or just out and about. Are you prepared for an emergency no matter where you are?

Be prepared: always have important supplies with you.

Disability-specific supplies for emergency kits/go kits

Prepare different kits for different places and situations:

- **Carry-on-you kit** is for the essential items you need to keep with you at all times.
- **Grab-and-go kit** is an easy-to-carry kit you can grab if you have to leave home in a hurry. It has the things you cannot do without and that you can carry and use without help from someone else.
- **Home kit** includes water, food, first aid supplies, clothing and bedding, tools, emergency supplies, and disability-specific items. It includes all the things you would most likely need if you had to be on your own for days either at home or in an evacuation shelter.
- **Bedside kit** has items you may need if you are trapped in or near your bed and unable to get to other parts of your home.
- **Car kit** has items you will need if you have to evacuate the area and/or are in or near your vehicle during an emergency.

Tailor the contents of these kits to your needs and abilities. Do what works for you, thinking about the type of emergencies that can happen where you live, work, and go to school. For example, the bedside kit includes medications because there is a chance that in some emergencies, such as an earthquake or power outage, people can be trapped in their beds.

You should plan for enough supplies to last for up to two weeks (medication, syringes, ostomy bags, catheters, padding, etc.). Do what is realistic for you. Know what you are able to carry in a fanny pack, backpack, or drawstring bag hung from a wheelchair, scooter, or other mobility device. If you can only carry a 3-day supply of insulin in your Grab-and-Go kit, then that is what's right for you. Plan for what you can do.

Store kits in a waterproof container in a specific place so they are easy to find. Keep important items in an easy to reach and safe place, so you can quickly and easily access them. (These items might include dentures, hearing aids, prostheses, canes, crutches, walkers, wheelchairs, respirators, communication devices, artificial larynx, sanitary aids, batteries, eye glasses, contact lenses with cleaning solutions, etc.)

Below is a table that summarizes many of the supplies needed and a checklist for each type of kit. If you know you will need other items in an emergency that are not on these lists, be sure to add them to your kits.

3 Types of Emergency Kits

- Home Kit
- To Go kit – smaller and portable
- Community Kit



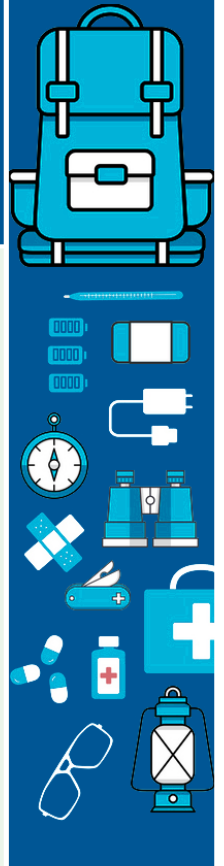
Basic Kit Contents

- Oregon Health Authority Go-Kit Check List for those with Access and Functional Needs
 - Face coverings
 - Alcohol-based Hand sanitizer
 - All medications (in original bottles/packaging if possible)
 - A list of all medical conditions
 - At least one change of clothing, including sturdy shoes
 - Eyeglasses, dentures, hearing aides, etc.
 - Photo Id
 - Cell phone and charger
 - Insurance information

What to take during an evacuation

In addition to other preparedness kit items, people with special health needs, mobility issues or disabilities who need to evacuate should bring with them:

- ☐ Face coverings
- ☐ Alcohol-based hand sanitizer
- ☐ All medications (in original bottles/packaging if possible) or written copies of all prescriptions
- ☐ A list of all medical conditions
- ☐ At least one change of clothing, including sturdy shoes
- ☐ Any important medical equipment (walkers, wheelchair, canes, oxygen concentrators, etc.)
- ☐ Any other essential medical supplies (syringes, blood sugar monitor, catheters and incontinence products)
- ☐ Eyeglasses, dentures, hearing aids, communication devices
- ☐ Cell phone and charger
- ☐ Contact numbers for family, health care provider and pharmacy
- ☐ Photo ID, if possible
- ☐ Medical insurance information
- ☐ Supplies for any special dietary needs
- ☐ Pet care items such as food, water, bedding, kennel or leash for service pets.



Document Accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print or braille. Contact Mavel Morales at 1-844-882-7889, 711 TTY or OHA.ADMmodifications@dhsoha.state.or.us.

OHA 3427 (9/10/2020)

Other Considerations - Medications

- For specific medical needs, talk with your healthcare provider about how to manage them in an unexpected situation
- Order refills as early as possible.
- Have copies of the script, name, address & phone number of the provider, insurance, pharmacy

Prescriptions: Prepare Your Medicine Cabinet for an Emergency

Many people depend on *daily* medications. Nearly half of Americansⁱ take at least one [prescription medication](#); 1 in 4 take three or more.ⁱⁱ

A large-scale natural disaster, such as a hurricane, or other emergency could make it difficult to find an open pharmacy let alone get a prescription filled. You and your family may need to rely on a prepared emergency supply.

If, for example, you or a loved one rely on daily medication to treat or manage a chronic disease, it is in your best interest to prepare your medicine cabinet for an emergency. Here's how:

- Keep *at least* a 7 to 10-day supply of prescription medications. Keep your medications in labeled, childproof containers.
- Keep an up-to-date list of all prescription medications, including dosage amounts and the names of their generic equivalents, your medical supply needs, and known allergies.
- Create a supply of nonprescription medications, including pain and fever relievers, diuretics, antihistamines, and antidiarrheal medications.

Don't let the medications in your emergency supply kit expire. Remove, use, and replace any food and water, medications, and supplies before they expire.

Safe Storage

In the wrong hands, medicines are dangerous. Too often, the wrong hands belong to kids. About 60,000 children are taken to emergency rooms each year because they got into medicines.ⁱⁱⁱ

The threat of medication poisoning in kids and adults is also there in an emergency evacuation when families are forced from their homes and into a shelter, a hotel, or the home of a friend or family. Under stressful circumstances and in unfamiliar surroundings, people can forget to practice safe medication use and storage. Here are three ways you can prepare for and prevent medication poisoning after a disaster.

- Keep all prescription medications and over-the-counter medicines and vitamins, including your emergency supply, [Up and Away](#) and out of the reach and sight of children and pets—this includes medicines in suitcases, purses, and “grab and go” bags.
- Create an Emergency Action Plan that includes important contact information, such as phone numbers for your physician, pediatrician, pharmacist, veterinarian, and the Poison Control Center: 800-222-1222.
- Properly dispose of unused, expired, or contaminated medicines in your medicine cabinet and emergency supply. Discard medications that touched floodwater or have changed in appearance or smell. Contact a pharmacist or healthcare provider if you are unsure about a drug's safety.

For more Prepare Your Health information, tips, and checklists, visit [cdc.gov/prepyourhealth](https://www.cdc.gov/prepyourhealth).

QUICK TIPS

- Find out if laws in your state permit pharmacists to dispense a 30-day refill of medications in an emergency.
- Stay up to date on your immunizations and vaccinations for infections and illnesses such as [tetanus](#) and [seasonal flu](#). Know the date of your last tetanus shot in case of injury in an emergency.
- Learn more about the [Emergency Prescription Assistance Program](#). The EPAP helps people who live in a federally-declared disaster area and do not have health insurance.

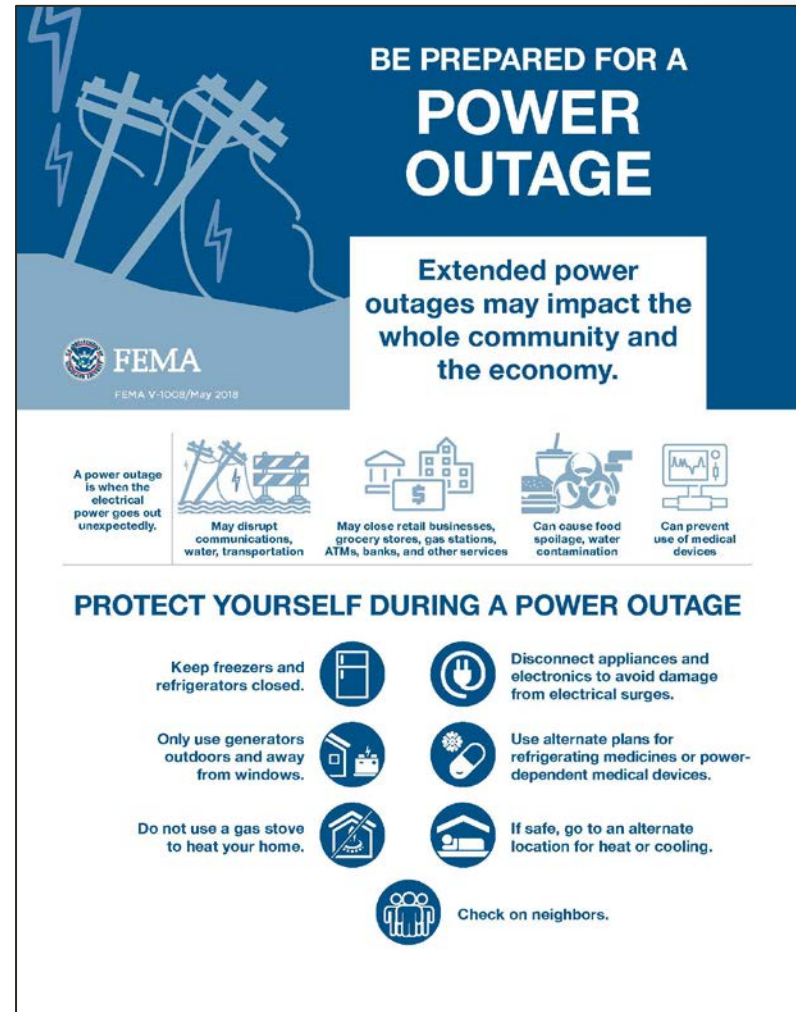
Eligible people can receive a free 30-day supply of their medications for as long as EPAP is active. People can also use the program to receive vaccinations or to replace certain medical supplies or some forms of medical equipment that were lost or damaged because of the emergency or while evacuating.

Other Considerations – Medical Equipment

- Keep Model/Make/Name of medical equipment you use to purchase new if needed
- Find alternatives if you typically rely on equipment to communicate, such as laminated cards, pictures or pictograms .
- What back up options do you have if you lose power for your medical equipment?

Other Considerations – Power Dependent Equipment

- Register with power company
- Talk with equipment suppliers
- Plan for alternate power source (generator/ plan how to recharge batteries)
- Regularly check alternative power supply
- Teach support group how to operate and safely move equipment (instruction cards)



Plan for Power Shut Off's and Generator Safety

- Review Lincoln County [Public Safety Power Shutoff's info page](#)



Downed utility lines, power company blackouts, heavy snow falls or summer storms can all lead to power outages. Many people turn to a portable generator for a temporary solution without knowing the risks.

- Generators should be used in well ventilated locations outside at least 5 feet (1.5 metres) away from all doors, windows, and vent openings. Measure the 5-foot (1.5 metres) distance from the generator exhaust system to the building.
- Never use a generator in an attached garage, even with the door open.
- Place generators so that exhaust fumes can't enter the home through windows, doors or other openings in the building. The exhaust must be directed away from the building.
- Make sure to install carbon monoxide (CO) alarms in your home. Follow manufacturer's instructions for correct placement and mounting height.
- Turn off generators and let them cool down before refueling. Never refuel a generator while it is hot.



- Store fuel for the generator in a container that is intended for the purpose and is correctly labeled as such. Store the containers outside of living areas.

Just Remember...

When plugging in appliances, make sure they are plugged directly into the generator or a heavy duty outdoor-rated extension cord. The cords should be checked for cuts, tears and that the plug has all three prongs, especially a grounding pin.

If you must connect the generator to the house wiring to power appliances, have a qualified electrician install a properly rated transfer switch in accordance with the National Electrical Code® (NEC) and all applicable state and local electrical codes.

FACT

- ! A person can be poisoned by a small amount of CO over a longer period of time or by a large amount of CO over a shorter amount of time.



**NATIONAL FIRE
PROTECTION ASSOCIATION**
The leading information and knowledge resource
on fire, electrical and related hazards

Section I:

How to Evacuate for wildfire Conditions



**DURING A WILDFIRE
BE READY, BE SET, GO!**



Your local law enforcement agency orders evacuations. If you feel threatened by a wildfire, do not wait for an official evacuation order. There are three levels of evacuation:

LEVEL 1 BE READY: Prepare, monitor, and pack your valuables.	LEVEL 2 BE SET: Be set to evacuate at a moment's notice.	LEVEL 3 GO: Leave immediately!
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#BelieveInFireSafety

Review Module 4 for Expanded Information



Lincoln County Wildfire Readiness



Module 4: Emergency Notification
and Evacuations

Evacuations...what to know!

- There are many resources that identify tasks or steps to take when you receive a Level 1 or Level 2 notice. Importance is on:
 - **How much time** will it take you to safely pack up your essential items, your family and pets then leave.
 - **Practice how long it will take you** to prepare your household to evacuate.
 - Focus on **improving** those steps **to be ready** to go at a moments notice.
 - **Will you need assistance** in evacuating? Some community members may not have transportation and will need to rely on friends, family, neighbors or request assistance – County Call Center.
 - **Can you assist your neighbors?** They may need help to leave or check to see if they too received the notice?

Evacuations...Need Assistance?

- If you **need help** and/or are unable to evacuate yourself, family, pets or livestock:
 - **For Level 1 or 2's**
 - Try family, friends, neighbors
 - Call the County Call Center
 - **For Level 3's**
 - Call the Call Center or
 - 911 if immediate safety threat

**LINCOLN COUNTY**
EMERGENCY PUBLIC INFORMATION CALL CENTER
541-265-0621

Are you impacted by an emergency response?
(Floods, wildfire, hazardous materials, outbreaks, distant tsunami, etc.)
When the call center is activated, they can help you stay informed, request assistance and locate recovery information.

**STAY INFORMED**

- Get updates from Call Center Staff or listen to the recorded current information update available 24/7.
- Locate process for reporting damages to your home, property or business.

**REQUEST ASSISTANCE**

- Ask for help to evacuate people, pets, and livestock.
- Ask to find resources for response and recovery efforts.

**EVACUATION LEVELS**

- Confirm evacuation levels, affected areas, travel routes, shelter locations for people and animals.
- Learn when it is safe to return to your property.

**541-265-0621**
WWW.CO.LINCOLN.OR.US/EMERGENCYMANAGEMENT



Public Health
Protect. Promote. Prevent.
Lincoln County

COMMUNITY EMERGENCY ASSISTANCE SIGNS

HOW TO USE THE SIGNS:

During community emergencies that require evacuations or shelter in place put this sign in a prominent window to enable first responders and volunteers to quickly identify who needs urgent assistance.

WHERE TO GET A SIGN:

Help/Ok Signs are available at no cost at the following locations:

County Offices: County Courthouse, Emergency Management

Lincoln City: City Hall, Fire/Police Stations

Lincoln Beach/Gleneden Beach/Depoe Bay: Depoe Bay Fire District, Depoe Bay City Hall

Newport: City Hall and Fire Departments

Toledo: City Hall, Fire and Police Station

Siletz: City Hall, Fire Station and Tribal Administrative Offices

Seal Rock: Fire Station

Waldport: City Hall and Fire Station

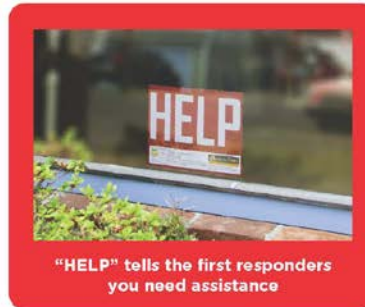
Yachats: City Hall and Fire Station

FOR MORE INFORMATION:

Lincoln County Sheriff's Office
Emergency Management
225 W. Olive St.

Newport, Oregon 97365
vdemaris@co.lincoln.or.us
(541) 265-4199

www.co.lincoln.or.us/sheriff



"HELP" tells the first responders you need assistance



"OK" lets them know they can move on to others in distress



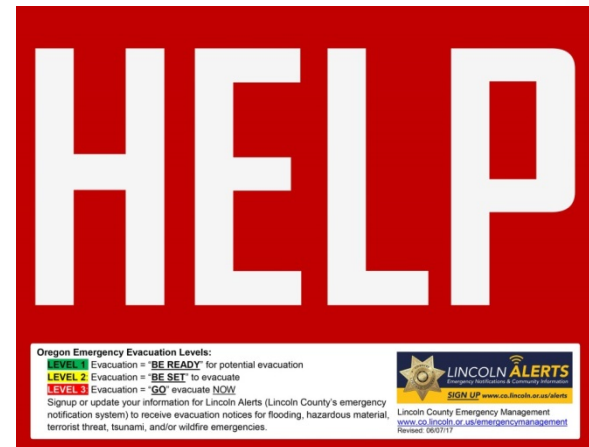
HELP/OK SIGNS



Are You Tsunami Ready?

- Know your evacuation routes out of the local and/or distant tsunami zones
- Know how much time you will need to evacuate to high ground
- Understand your NOAA watch/warning/advisory statements
- Are you ready to receive tsunami notifications? Consider purchasing a NOAA Alert Radio and/or sign-up with your local emergency notification system. Lincoln Alerts: www.co.lincoln.or.us/alerts

Oregon Tsunami Evacuation Maps: www.oregontsunami.org



Oregon Emergency Evacuation Levels:

LEVEL 1: Evacuation - "BE READY" for potential evacuation

LEVEL 2: Evacuation - "BE SET" to evacuate

LEVEL 3: Evacuation - "GO" evacuate NOW

Sign up or update your information for Lincoln Alerts (Lincoln County's emergency notification system) to receive evacuation notices for flooding, hazardous material, terrorist threat, tsunami, and/or wildfire emergencies.



Level 1 – Be Ready REVIEW

- Be **aware of changing conditions** and **monitor for updated information**.
- *Begin precautionary evacuation steps for:*
 - Persons with special needs
 - Pets, livestock
 - Mobile equipment (vehicles, RV's, campers)
- **If time allows**, check on neighbors and begin preparing your house/property for evacuation.
- ***Need Assistance?*** Contact the Call Center 541-265-0621 (save this number in your contacts)
- **If conditions worsen**, public safety will issue an upgrade to a level 2 or 3 for this area. ****You may go from a Level 1 directly to a Level 3.**

Level 2 – Be Set REVIEW

- Be aware of changing conditions and monitor for updated information.
- *You must be prepared to leave at a moment's notice*
 - Significant danger near your area
 - Households with special needs, pets, livestock should evacuate now
- If time allows, check on neighbors.
- **Need Assistance?** Contact the Call Center 541-265-0621 (save this number in your contacts)
- If conditions worsen, public safety will issue an upgrade to a level 3 and will make every attempt to return to this location to do door-to-door notifications for Level 3 notice.

Level 3 – Go Now REVIEW

- Be aware of changing conditions and monitor for updated information.
- *You must leave immediately when a Level 3 is issued!*
 - Danger in your area is current or imminent.
 - DO NOT delay leaving to gather any belongings or make efforts to protect your home.
- **Need Assistance?** Contact 911 if you need help evacuating yourself or special needs persons.
- **If you choose to ignore this notice** public safety officials may not be available to assist you further, this may be the last notice you receive until the notice is **cancelled or downgraded**.

Where do you go when you evacuate?

- Temporary Evacuation Point (TEP) (parking lot)
- Receiving Facility – temporary location to gather until shelters are set-up
- Friend or Family Members Home (outside evacuation area)
- Motel/Hotel
- Campground
- Shelters when set-up:
 - American Red Cross
 - Community
 - Medically Fragile



Review Module 5 Sheltering

Section C: Sheltering with Medically Fragile Persons



Review our
readiness video
on Sheltering with
Medically Fragile
Persons

Section J:

Additional Resources



BE READY. STAY SAFE. GET SUPPORT.

Public safety power shutoffs (PSPS) events will impact many homes of people with disabilities and those with access and functional needs.



Create a personal support network.

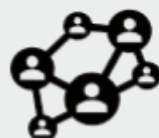
Identify at least 5 individuals you can count on to get the resources and support you need to manage an emergency.

- ☐ **Keep a hard copy of emergency numbers on hand and on your refrigerator**



Complete a personal assessment.

- ☐ **Daily Living:** personal care, assistive devices or equipment, water, backup battery or generator for electric medical equipment
- ☐ **Getting around:** accessible transportation, errands, appointments 
- ☐ **Evacuating:** exits, getting help, short-term places to stay 



Gather information.

- Find your local resources: ☐ Accessible shelters ☐ Assistance programs
- ☐ Emergency charging stations ☐ Community disaster plans



Make an emergency plan.

- ☐ **Meet with your Family/Personal Care Attendants/Building Manager:** review your needs and discuss information you have gathered
- ☐ **Map out escape routes and a meeting location**

Additional Resources

- Lincoln County:
 - [Lincoln Alerts](#)
 - [Seasonal - Wildfire Readiness Information](#)
 - [Active Wildfires – Lincoln County](#)
 - [Current Conditions \(all weather conditions\)](#)
 - [When to Call 911 and Public Safety Agency Contact Info](#)
- State – Oregon:
 - Oregon Health Authority – [Prepare for Wildfire/Reducing Health Effects of Wildfire Smoke](#)
 - Oregon Health Authority – [What to Take During an Evacuation](#)
 - Oregon Emergency Management – [Oregon Wildfire Response](#)
 - [Oregon Department of Human Services](#)
 - [FACTOregon](#)
 - [Oregon Cascades West Council of Governments \(OCWCOG\)](#)

Additional Resources

- State – California:
 - [Ready for Wildfire](#)
- Federal/National:
 - Ready.Gov – [Individuals with Disabilities](#)
 - Ready.Gov – [Creating a Family Emergency Communication Plan](#)
 - National Fire Protection Agency – [Wildfire Community Preparedness Day](#)
 - American Red Cross – Emergency Preparedness for Older Adults
 - Centers for Disease Control and Prevention – [Disability and Health Emergency Preparedness](#)
 - Centers for Disease Control and Prevention – [Prepare Your Medicine Cabinet for an Emergency](#)
 - [Map Your Neighborhood](#)
 - National Fire Protection Association – [Emergency Evacuation Planning Guide for People with Disabilities](#)

Section K:

Questions



Contact Information

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Lincoln County Sheriff's Office
[\(541\) 265-4199](tel:5412654199)
vdemaris@co.lincoln.or.us
[County EM Website](#)



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