

1 **BEFORE THE BOARD OF COMMISSIONERS**
2 **FOR LINCOLN COUNTY, OREGON**

3 *In the Matter of*)

4)
5) **RESOLUTION NO. _____**
6 **PROCLAIMING FEBRUARY 2017 AS**)
7 **“SCHOOL- BASED HEALTH CENTER**)
8 **AWARENESS MONTH” IN LINCOLN**)
9 **COUNTY**)

10 **WHEREAS,** Healthy schools begin with healthy children, and all young people deserve access to
11 quality, confidential, culturally responsive, and comprehensive health services; and

12 **WHEREAS,** Better access to all forms of health care leads to better academic achievement, long-term
13 health outcomes, and success for all of Lincoln County’s youth; and

14 **WHEREAS,** For more than 30 years, Lincoln County’s school based health centers have provided
15 affordable, accessible healthcare to youth, including quality primary health care, prevention messages,
16 health education, and mental health services; and

17 **WHEREAS,** Lincoln County Health and Human Services and the Lincoln County School District
18 have been in partnership supporting school-based health centers throughout the county for more than a
19 quarter century; and

20 **WHEREAS,** School-based health centers encourage the use of health care services, improve young
21 people’s health status, help historically marginalized young people in Lincoln County get more care,
22 increase mental health care for youth, support working parents, keep youth in school and ready to learn;
23 and

24 **WHEREAS,** Lincoln County is committed to strengthening school-based health services and systems
25 that promote the health and academic success of young people.

26 **NOW, THEREFORE, BE IT RESOLVED** that the Lincoln County Board of Commissioners does
27 hereby declare February 2017 as “School-Based Health Center Awareness Month” and encourages

28 Lincoln County residents to celebrate the contributions that school-based health centers have made
29 toward improving the health of our children and adolescents.

DATED this 15th day of February 2017.

LINCOLN COUNTY BOARD OF COMMISSIONERS

TERRY N. THOMPSON, Chair

DOUG HUNT, Commissioner

BILL HALL, Commissioner

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Welcome to your School-Based Health Center!



School Based Health Centers

Presentation to Lincoln County
Board of Commissioners
February 15, 2017

Healthy Kids Learn Better!



School-Based Health Centers (SBHCs) ensure that kids can get the care they need, without missing class time.

SBHCs are a unique health care model for comprehensive physical, mental and preventive health services provided to youth and adolescents either within a school or on school property. With easy access to health care in a school setting, SBHCs reduce barriers such as cost, transportation, and concerns surrounding confidentiality that often keep children and youth from seeking the health services they need. SBHCs provide a full range of physical, mental and preventative health services to all students, regardless of their ability to pay.

SBHCs have existed in Oregon since 1986 and succeed through unique public-private partnerships between the Oregon Public Health Division, school districts, county public health departments, public and private practitioners, parents, students, and community members.

- From OHA SBHC webpage (great info!)



Our History

- Toledo: 1986 – present
- Taft: 1989 - present
- Newport: 1999 - present
- Waldport: 1999 - present

SBHC are located and operated in the four high schools in our county.

Newport News-Times / Lincoln County Leader

Trend

SECTION C
Wednesday, September 24, 1986
Features, births, weddings, school news

Teen health clinic: Off to a good start at Toledo High School

The girls are huddled together in serious conversation with the nurse soon after they leave, another young teen steps by with a headache. And not long after she returns in clinic, a youth appears with a leg badly scathed by a hand saw.

For John Harrington, nurse at the Adolescent Health Project based at Toledo Middle and High School, these are typical happenings in her work at the school's Student Health Clinic.

The Adolescent Health Project is a school-based program that provides services for students in Grades 7 through 12 at the Toledo school.

"It's been a really big project in the planning stages, and we're hoping it will be one that is well worth our efforts," Cheryl Sweeney, coordinator of the Adolescent Health Project, noted. Sweeney, who is currently health program manager for the Lincoln County Health Department, is pleased to see the teen project legislation.

The project is funded through a grant from the Oregon State Health Division and is one of four teen clinics currently funded by the state. The other sites are in La Grande and at North Eugene and Crater Lake High Schools. A similar program in Portland is headed by Multnomah County.

"The primary goal of the project is to promote education by keeping kids healthy," Sweeney stressed. "We're not only trying to help kids physically but also with their future by helping them stay in school."

"A second goal is to help kids learn about the health care system and how to access it," she continued. "That's an extremely valuable skill to have, and it really is not taught anywhere. If we can get kids learning about the health care system early on, it will help them to more informed health care consumers as adults."

"The project's first goal is to actively engage the community and the incidence of substance abuse, the number of teen pregnancies, the amount of eating disorders, the identification and referral of children who are severely depressed and/or potential suicides, and the number of children who are not normal weight in height."

"Right now we're concerned with keeping the kids healthy and productive and giving them enhanced access to self-esteem," Sweeney added.

Harrington says providing sick care for the students, and popular

The advisory board felt it best to kick off with just the same in the end. "We also noted the project will provide birth control, a written stipulation in the grant. Kids come in and they say they're sexually active, so it's discussing them in the appropriate way," she said.

With the issue of teen pregnancy, she's focusing on education. "We're adding: 'We'll talk about the pros of being sexually active and kids to local physicians or the Family Planning Clinic. We'd like to do specific classes or programming in the future to help teach kids to say no.'"

"Our goal is to have kids understand that the dangers of being sexually active go far, far beyond any benefits, and it's best to stay sexual abstinence."

"Though the program has just started and is funded through June, Health Department staff are looking ahead to the future. "We really want to continue after our year," Simons said. "We hope to remain at Toledo as our number one priority, and would like, if state money comes through for additional projects, to expand services in other areas. The problems we're trying to solve are universal."

"It's taken a long time, and it's really nice to be able to see kids almost a year of talking about us could help students in a school-based health setting," she concluded. "We want to be sensitive to what the community is. I think we have a really good fit, an advisory board that wants the project to succeed, and the way to do it."

"I hope we can do what we're doing to help the kids at Toledo Middle and High School."

Simons with some help with getting smoking," she said, reviewing her statistics. "I've talked with kids about dealing with alcoholism — about changing their friends and not being in a bad group."

Board supports parental role

The advisory board of the Adolescent Health Project, composed of parents, Toledo students and community members, strongly supports the new program.

"I'm pretty satisfied with the way things are going now," said Mike O'Donnell, board chairman. "The board members are people who want to be involved and feel this is a good way to get involved. We're gathering data, and things seem to be working well."

"Joie (Harrington, project nurse) seems to be becoming assimilated to the school," he said. "Certainly she's been used as much or more than we expected."

O'Donnell expects to see more adolescent health clinics introduced in the future. "There's an emphasis on adolescents taking some responsibility for their own wellness," he noted.

Cheryl Simons, project coordinator, said the board is weighted toward parents and students. "I think that's a great starting point," she said. "We need to get their ideas about what the community and students want and will support."

Board members are appointed by the Lincoln County Board of Commissioners. Anyone interested in serving on the Adolescent Health Project board may contact Simons or Heidi Moravick at the Health Department, or Harrington at Toledo High School.

the project is designed to give the best quality health care in keeping with the parents' wishes," she said. "We believe in the saying that 'Parents are for a little while, parents are forever.' We don't want to usurp health care from the parents — we want to facilitate it."

"I feel the same way about my own kids — I would want to be

Stories and photos by Leslie Glode



NANCY REID, pediatric nurse practitioner for the Toledo Middle and High School adolescent health project of the Lincoln County Health Department, takes the blood pressure of Brian DeRocher, 16, a Toledo High School junior. Reid gave DeRocher a sports physical through the health project.

Who staff the SBHC?



Nurse Practitioners: What does the NP do?



- Routine medical office visits for chronic or acute health needs
 - Physical exams
 - Treatment of minor injuries
- Vision, hearing and dental screenings
- Referrals for specialty health care services
- Limited dental services via voucher program with dental professionals
 - Family planning education, risk assessment, counseling and methods

Registered Nurses: What do they do?



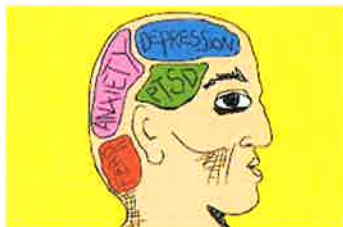
Immunizations

Health education and wellness
promotion

Family planning education, risk
assessment, counseling and methods

Mental Health Providers

Mental Health and Substance Abuse screening, assessment, and treatment



Health Services Advocates

Health Services Advocates are LCSD employees who are housed in our SBHC. They are experts in helping kids get what they need to be successful. This might include helping the family get on the

Oregon Health Plan, helping them meet an emergency food need, basic hygiene needs and school supplies, etc. They work very closely with staff in the SBHC – when a kid's needs are identified, all staff in the SBHC work together to get these needs met: Healthy Kids Learn Better!



Thank you for supporting
our SBHCs!



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