BEFORE THE BOARD OF COMMISSIONERS

FOR LINCOLN COUNTY, OREGON

In the matter of:

Proclaiming February 4, 2011,

Lincoln County Wear Red Day for Women

RESOLUTION # 11-26-01 A

WHEREAS, the American Heart Association reports shocking and dramatic statistics about cardiovascular disease in women including:

- Heart disease is the #1 killer of women age 20 and over, killing approximately one woman every minute;
- More women die of cardiovascular disease than the next four causes of death combined, including all forms of cancer;
- Heart disease takes the lives of 1 in 3 women each year;
- Still, only 1 in 5 women believes that heart disease is her greatest health threat;
- Ninety percent of women have one or more risk factors for developing heart disease; and
- Eighty percent of cardiac events in women could be prevented if women made the right choices for their heart involving diet, exercise, and abstinence from smoking; and

WHEREAS, the issue became personal to Lincoln County in 2010 when we lost a treasured friend and colleague, Melinda Dickinson, to a heart attack after a long and courageous battle against cancer; and

WHEREAS, Go Red For Women is the American Heart Association's national call to increase awareness about heart disease - the leading cause of death for women - and to inspire women to take charge of their heart health; and

WHEREAS the American Heart Association and the Go Red for Women Campaign have declared February 4, 2011 as National Wear Red Day; and

NOW THEREFORE we, the Lincoln County Board of Commissioners, in recognition of the importance of the ongoing fight against heart disease, do hereby declare **February 4, 2011**, to be

Lincoln County Wear Red Day for Women

and urge all citizens to "go red" for the day to call attention to the magnitude of cardiovascular disease in women, and to attend the educational events in our chambers on that day, to learn ways to prevent and fight this lethal disease.

DATED this 26th day of January, 2011.

Terry N. Thompson, Chair | Bill Hall, Commissioner | Don Lindly, Commissioner

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